



**Neurodiversity
Courses for
Parents and
Nonprofessional
Carers**



Introduction to Autism

(Designed Specifically for Parents, Families and Carers)

Provider: Beyond Autism

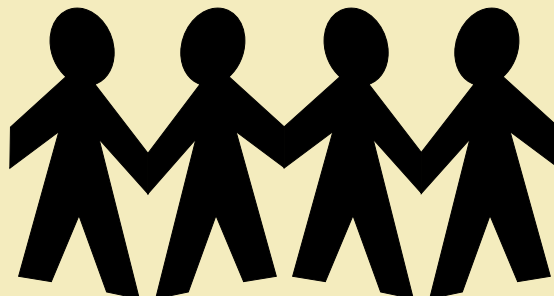
Course Link:

www.beyondautism.org.uk/courses/an-introduction-to-autism-a-course-for-parents-families-and-carers/

Online? Yes

What you will learn:

- This course covers the journey from diagnosis, through transitions and onto adulthood.
- You will learn about communication, sensory needs and behaviour, amongst various other topics.
- The aim of this course is to provide useful information about Autism and to signpost you to additional support networks that may be relevant to the individual that you are supporting...



Special Educational Needs and Disability (Level 2 Certificate)

Provider: The Skills Network

Course Link:

<https://learntoday.theskillsnetwork.com/courses/special-education-needs-course?campaign=reedprofile-L2SEND>

Online? Yes

What you will learn:

- This qualification is aimed at anyone seeking to improve their knowledge of Special Educational Needs and Disability (SEND) for personal or professional reasons.
- Learners will consider many aspects of SEND, including the symptoms of specific conditions, legislation and guidance applicable to individuals with SEND and how such conditions affect individuals in daily life.



Understanding Autism (Level 2 Certificate)

Provider: The Skills Network

Course Link:

<https://theskillsnetwork.com/courses/level-2-understanding-autism-course>

Online? Yes

What you will learn:

- An understanding of Autism and the principles of supporting Autistic individuals.
- Using a person-centred approach to support individuals with Autism.
- Communication and social interaction in individuals with Autism.
- Sensory processing, perception and cognition in individuals with Autism.
- Supporting positive behaviour in individuals with Autism.
- Supporting individuals with Autism to live healthy and fulfilled lives...

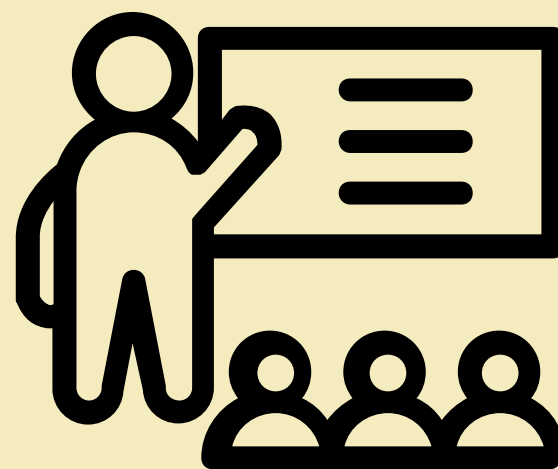
Understanding Autism, Asperger's & ADHD

Provider: University of Derby

Course Link:

www.derby.ac.uk/short-courses-cpd/online/free-courses/understanding-autism-aspergers-and-adhd/?fbclid=IwAR0-OHn_4nQn6ueI9hUKkIUpa15EF9wSXeLnKpX3o5ctacLOPIYDvO33CTI

Online? Yes



What you will learn:

- This free short online course will encourage you to challenge your own definitions and perceptions of Autism and ADHD.
- You will get an opportunity to examine several key themes around both Autism and ADHD in order to obtain skills to help people with these conditions.

Understanding Autism

Provider: The Open University (Open Learn)

Course Link:

www.open.edu/openlearn/science-maths-technology/understanding-autism/content-section-overview?active-tab=description-tab&fbclid=IwAR2MEXITXTzZ4P64oZsTmiWJzjnaS_ICJ1GrsyW9Ibfra8qnJtkTPcNbk-k

Online? Yes

After studying this course, you should be able to:

- Outline what is meant by Autism, why it is considered a spectrum and how it affects different individuals and families.
- Appreciate different approaches to understanding Autism, including theoretical and clinical perspectives and personal accounts.
- Outline key features of psychological, neurobiological and genetic explanations of Autism.
- Explain key aspects of diagnosis, intervention, education and lifespan development.
- Understand topical issues including neurodiversity perspectives, Autism prevalence in women and Autism in a global context.

Time Out for Parents: Children with Special Needs

Provider: Care for the Family

Course Link:

www.careforthefamily.org.uk/courses/courses-for-parents/parenting-courses-time-out/time-out-for-parents-children-with-special-needs/

Online? No

What you will learn:

- Session 1: Parenting children with special needs.
- Session 2: Self-esteem.
- Session 3: Coping with feelings.
- Session 4: Understanding behaviour.
- Session 5: Managing behaviour.
- Session 6: Home and school.
- Session 7: The wider family.



Various Courses

Provider: Unique Ways

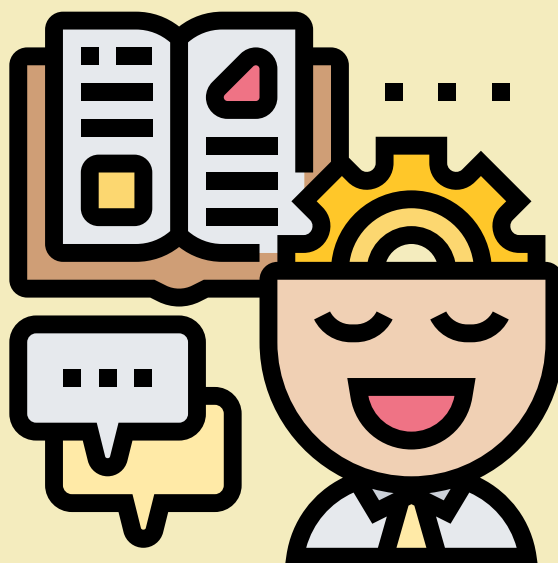
Course Link:

www.uniqueways.org.uk/courses-training/

Online? Yes

What you will learn:

- Unique Ways is offering training courses for parent carers, helping you to build your skills and resilience, learn tools and tactics for dealing with schools, health services and Local Authorities, and develop a person-centred method of dealing with your child's additional needs.



SMART-ASD:

Matching Autistic People with Technology Resources

Provider: University of Bath

Course Link:

www.futurelearn.com/courses/supporting-autism

Online? Yes

What you will learn:

- Most children with a diagnosis of Autism Spectrum Disorder (ASD) also have an Intellectual Disability (ID) – or Learning Difficulty. However, this group is hugely under-represented within research and knowledge regarding this specific group can be hard to find.
- In this course, you will get more of an understanding of ASD and ID specifically. Then we will explore how technology can be used to best support this group, introducing you to the SMART-ASD app that identifies the skills and needs of children with ASD and ID so that the most suitable technologies can be identified to support them.

Course name: SEND Law Training (Levels 1 to 3)

Provider: IPSEA

Course Link:

www.ipsea.org.uk/online-learning-for-parents-and-carers

Online? Yes

What you will learn:

- By law, children and young people with SEND are entitled to educational support that meets their individual needs.
- Our training empowers families to secure the education their child is legally entitled to and gives SEN professionals the opportunity to explore key issues in SEND law in the context of their role and organisation.

