



Do you regularly attend Gurdwara Sri Guru Singh Sabha Southall (GSGSSS) and want to learn more about special educational needs and disabilities? Specifically, what all members of the Sangat can do to make GSGSSS a more welcoming and nurturing environment for neurodiverse children and adults?

Then please join our FREE training session on Saturday the 25th of February 2023. The session will be chaired by Dr Pawan Rajpal a consultant from the Priory Hospital and a Fellow of the Royal College of Psychiatrists. Dr Rajpal specialises in Autism, ADHD, PTSD, addictions and complex health diagnoses.

We will cover the following topics as well as an audience Q&A:

- What characteristics or behaviours might be indicators that an individual has a lifelong neurological characteristic such as Autism?**
- What communication techniques seem to work best with those with lifelong neurological characteristics such as Autism?**
- The importance of working together to eradicate the stigma of special or additional needs in our community.**

Date: 25 February 2023 (Saturday)

Time: 11:00 - 12:30

Address: Gurdwara Sri Guru Singh Sabha Southall, Office Meeting Room (signposted), 2-8 Park Avenue, UB1 3AG.

N.B. No booking is required. Open to all members of the Sangat. The training session will be run in both English and Punjabi.

For more information please contact Mr Carlos Arbuthnott (Human Rights Officer & Project Coordinator at the Sikh Human Rights Group) via:

Email: carlos.arbuthnott@shrg.ngo

or

Telephone: [07551397761](tel:07551397761)



(Dr Pawan Rajpal)

