





# **Ealing MHST**

## **Focus Group**

### Your chance to have your say



This focus group has been arranged for parents, carers and members of the community who know a child or young person who is **neurodiverse** and/or who has experienced other difficulties with their **general or mental wellbeing**.



This group aims to understand your viewpoint on how you feel that your children are supported within the borough of Ealing. We would like to hear your experiences on how you have found accessing support for your neurodiverse child, for their neurodiversity and their wellbeing.

We would like to hear **your feedback** on what is going well, and **any barriers** to support that you may have faced, and how you think support can be improved within this community? What do you think

would be beneficial in supporting your child that is not currently in place within Ealing?

#### Who are we?

The Ealing Mental Health Support
Team (MHST) is a service designed to
support the wellbeing of children and
young people in education settings,
aiming to provide evidence-based
support at the earliest signs of
difficulties and promote life-long
positive mental health.

#### When and Where?

This focus group will take place on Tuesday 9<sup>th</sup> May 2023 at 09:30 and will complete by 11:00 at the latest. This will take place at Gurdwara Sri Guru Singh Sabha Southall (Downstairs Library), Guru Nanak

Road, UB2 4NP.

#### **Questions?**

If you have any further questions or wished to confirm your attendance, please contact Lucinder at: Lucinder.kaye@westlondon.nhs.uk





