



Do you require support around a recent diagnosis, understanding your child's needs or behaviour or navigating all aspects surrounding Special Educational Needs and Disabilities?

Then please join our FREE FULL DAY parent and carer training session on Saturday the 05 August 2023.

The session will be led by Dr Pawan Rajpal a consultant from the Priory Hospital and a Fellow of the Royal College of Psychiatrists.

Dr Pawan Rajpal specialises in Autism, ADHD, PTSD, addictions and complex health diagnoses.

We will cover the following topics as well as an audience Q&A:

- **Super parenting skills, for bringing up children in today's fast-paced world.**
- **How to manage challenging behaviours.**
- **What communication techniques work best with those with Special Educational Needs and Disabilities?**
- **The importance of working together to eradicate the stigma of additional needs in our community.**

Date: 05 August 2023 (Saturday)

Time: 10:00 - 17:00 (2 Short Breaks x 1 Lunch Break)

Address: Gurdwara Sri Guru Singh Sabha Slough, Bhai Mani Singh Learning Centre (New Classroom), Sheehy Way, Berkshire, Slough, SL2 5SS.

N.B. Open to all members of the public. The training session will be run in both English and Punjabi.

For more information please contact Mr Carlos Arbuthnott (Human Rights Officer & Project Coordinator at the Sikh Human Rights Group) via:

carlos.arbuthnott@shrg.ngo



(Dr Pawan Rajpal)



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